

dermalogica professional treatments in a medical setting

Dermalogica treatments using ultrasound

For a professional Dermalogica treatment center that offers ultrasound as an electrical modality, it is important to:

1. Review the Consultation Card and provide an in depth consultation of your patient/client's skin ensuring they are a candidate for treatment.
2. Ensure the skin is in optimum health to reduce possible complications.
3. Never leave your client unattended when using an electrical modality.
4. Use Dermalogica professional products that are suitable for the patient/client's current skin condition.
5. Directions and protocols may differ from machine to machine; always consult the manufacturer for exact protocols and product usage for your particular machine.

Dermalogica product recommendations for use with ultrasound blade technology:

Step-by-step cleansing:

1. Use **PreCleanse**, apply in the usual method. Have either a cotton round or tissue in hand to wipe the blade from time to time.
2. Apply the blade at a 45 degree angle. Keep one hand in contact with the client and periodically wipe debris off the blade. Hold the skin taught and begin on the neck and chest using light, upward strokes covering all areas of the face and neck. When finished, turn off the ultrasonic blade.
3. Remove remaining **PreCleanse** by emulsifying with water; use sponges and clean water to remove the rest.
4. Perform a second cleanse using the Dermalogica Double Cleanse; beginning with PreCleanse followed by the prescribed Dermalogica cleanser. Remove with clean water and sponges.

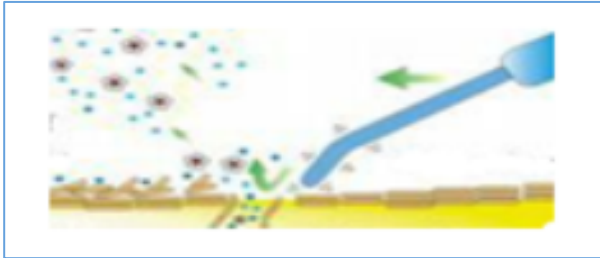
Step-by-step exfoliation:

1. Turn on steamer. Complete a customized exfoliation according your patient's skin needs and level of reactivity.
 - a. **Mild exfoliation** – In a jelly cup, mix ½ teaspoon of **Daily Microfoliant**[®] with water to form a loose foam. Add one pump of **Exfoliant Accelerator 35** or 1 applicator tube of **MultiVitamin Power Exfoliant** to form a smooth paste. Massage over the skin for 1-2 minutes and then complete the ultrasound routine.
 - b. **Medium exfoliation** – 1 applicator tube of **MultiVitamin Power Exfoliant** alone or add one pump of **Exfoliant Accelerator 35**. Massage over the skin for 2-3 minutes and then complete the ultrasound routine.
 - c. **Deeper exfoliation** – Apply one or two pumps of **Exfoliant Accelerator 35** to the patient/client's skin. Massage over the skin for 2-3 minutes and then complete the ultrasound routine.
2. Apply the blade at a 45 degree angle. Work upward as seen in diagram for a maximum of 4-6 minutes – making sure not to over stimulate skin. Follow the manufacturer's directions for recommended treatment length.

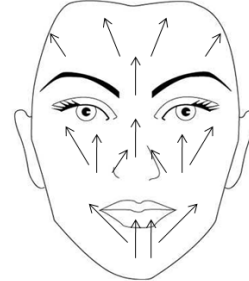
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3. Have a cotton round or tissue in hand to wipe the blade from time to time.
4. Turn off steamer and remove product with warm steam towel customized with botanical mixer.
 - a. Thoroughly remove with Dermalogica Double Cleanse; beginning with **PreCleanse** followed by **Special Cleansing Gel**. Remove with clean water and sponges or a steam towel customized with **Calming Botanical Mixer**.



Blade position for cleansing and exfoliation



Direction of strokes

Note: When using any type of professional exfoliation, under no circumstances should you leave the patient/client unattended in the treatment room. Monitor for excessive redness and remove the product immediately as directed if a reaction occurs.

Step-by-step desincrustation of congested and acneic skin:

1. Dispense 1 teaspoon of **Scaling Fluid** into a jelly cup and whip to form a loose foam. Apply generously to the areas where extractions will be performed.
2. Dispense an additional $\frac{3}{4}$ teaspoon of **Scaling Fluid** into your jelly cup and retain for the purposes of using with the ultrasonic blade.
3. Turn on your steamer. Refer to your manufacturer's directions for desincrustation.
4. To achieve proper desincrustation, the skin must stay damp and not dry. Dip the blade into jelly cup with **Scaling Fluid**. Place the blade flat against the skin and move using upward movements against the follicle. Keep your free hand in contact with the client at all times.
5. Begin on the chin with light strokes, move to the inner cheeks, nose and finish at the forehead. Work for a minimum of 4 minutes.
6. After performing desincrustation with the **Scaling Fluid** and your ultrasonic blade, turn off and put it to the side. With a dry tissue, blot excess **Scaling Fluid** from the skin and perform extractions using the Dermalogica Extraction Technique.
7. After extractions, remove any remaining **Scaling Fluid** using clean water and sponges.

Step-by-step for product penetration with blade or standard technology:

If the desired result is deep product penetration, a water-soluble product is needed to be used with ultrasonic.

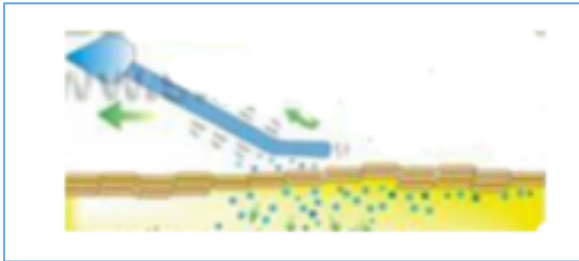
1. Apply the prescribed Dermalogica complex, followed by a generous layer of **Colloidal Masque Base**, **Intensive Moisture Masque** or **MultiVitamin Power Recovery® Masque**. **Note: It must be a non-setting masque such as a gel or cream.**
2. During this application, the flat surface is the best to use. If using a blade, place flat against the skin at a 45 degree angle using small upward strokes. In most cases, the buttons of the

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appliance will be facing the client and your free hand should be kept in contact with the client's skin at all times.

3. Work in the same direction as shown in the diagram; ionize the masque with the ultrasound modality for approximately 4 minutes. Have either a cotton round or tissue in your hand to wipe the blade from time to time as product may collect. Turn off your machine.
4. Remove any excess product from the skin with clean water and sponges followed by a steam towel customized with **Calming Botanical Mixer**.
5. Apply the prescribed Dermalogica moisturizer and eye treatment. For additional benefits you may use the ultrasonic blade to assist in product absorption. Finish with the prescribed **Daylight Defense** product for UV protection.

Note:



unattended in the treatment room, even if the machine is pre-programmed automated.

When using any electrical modality under no circumstances should you leave your client



and fully

Position for desincrustation and penetration

Direction of strokes

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