

Expert Active

60 minute protocol

Have client complete and sign the **Dermalogica Consultation**

Cleanse eyes and lips with **PreCleanse** on damp cotton wool pads.
Perform first cleanse with **PreCleanse**.

Perform **Face Mapping**[®]. Look for signs of barrier disruption or dehydration, as **Acid Active**⁽⁺⁾ will absorb more readily in these areas. Look for signs of congestion, breakouts, pigmentation and fine lines to focus on during treatment.

Perform second cleanse. Power up with the following options:

product	skin concerns	options/directions
Skin Resurfacing Cleanser	Ageing, pigmentation, sensitivity with no barrier disruptions; degreaser	<ul style="list-style-type: none"> • Electrical brushes • Ultrasonic • Wet Microdermabrasion <p>*If using BT Micro then you would use on the Exfol setting</p>
Clearing Skin Wash	Acne, congestion, excess oil, degreaser	
Special Cleansing Gel and Daily Microfoliant [®]	Oily and sensitised	
Skin Resurfacing Cleanser with MultiVitamin Thermafoliant [®]	Dry, ageing or pigmentation concerns	
Skin Resurfacing Cleanser with Exfoliant Accelerator 35	Ageing or resilient skin	
Special Cleansing Gel with Exfoliant Accelerator 35	Dry, congested	

Remove all traces of cleanser with sponges and water.

Prior to prep solution choose from the following power up options:

product	skin concern/purpose of step	options/directions
Post Extraction Solution	Acne prone skin Additional degreaser on the skin	<ul style="list-style-type: none"> • Apply as normal
Skin needling- no product needed	Texture/thick skin, non-disrupted barrier, lines and wrinkles Provide additional skin smoothing benefits	<ul style="list-style-type: none"> • Use the appropriate length needle and exercise caution as the skin may experience increased sensitivity. • Adjust the number of layers of Acid Active⁽⁺⁾ if using this option.

Module: Double Cleanse

Next you can either apply **Prep Solution** as normal or apply **Scaling Fluid** instead. If applying **Scaling Fluid** as your option then you can Power Up with the following:

product	skin concern/purpose of step	options/directions
Scaling Fluid	Texture concerns, degreasing An alternative to Prep Solution	<ul style="list-style-type: none"> • Ultrasonic • Microcurrent for specific iontophoresis. • On dry gauze to remove residual product on the skin and gently buff, following use with ultrasonic blade. • To help dilate and open follicles for increased product absorption. • Can be used in place of Prep Solution if the client has an Aspirin allergy. <p>*If using BT micro then use on Exfol or Clear setting.</p>

If applying **Prep Solution** as normal apply gloves to protect hands during the treatment.

Fully saturate a 2x2 gauze pad with **Prep Solution**. Place and hold the gauze pad flat on the skin and wipe the face gently. Apply first to areas of concern, and then proceed with the **BioSurface™ Peel Application Method**.

Keep product a minimum of ¼ inch away from eyes. Use fingertips to perform gentle, circular motions over **Prep Solution**. Work in to the skin for up to 2 minutes. Use caution around the nasal fold and perioral region.

Wipe a clean, dry 2x2 gauze pad over skin, in light circular motions to gently buff away any remaining **Prep Solution**.

As part of the prep phase and prior to **BioSurface™ Peel** application you may choose to Power Up with the following:

product	skin concern/purpose of step	options/directions
No product needed	Telangiectasia, dry skin, pigmentation concerns, resilient skin To remove top layer of skin to allow deeper penetration of BioSurface™ Peel .	<p>Dermaplaning:</p> <ul style="list-style-type: none"> • Follow the standard usage of application. • Check the skin for signs of excess inflammation before continuing with BioSurface™ Peel.

Saturate a dry 2x2 gauze pad with **Enzyme Active⁽⁻⁾**. Press the gauze pad flat to the skin and wipe the entire face once as quickly as possible, using the **BioSurface™ Peel Application Method**. Allow **Enzyme Active⁽⁻⁾** to dry for up to 2 minutes.

Apply 2 pumps of **Acid Active⁽⁺⁾** to a clean, dry 2x2 gauze pad. Cover the entire face once as quickly as possible, using the **BioSurface™ Peel Application Method**. Evaluate your client's level of sensitivity via the **Sensation Scale**. If appropriate, proceed with an additional application of **Acid Active⁽⁺⁾**. Allow the second application to dry for up to 2 minutes before applying an optional third layer for a further 2 minutes.

You may choose to Power Up the **Enzyme Active⁽⁻⁾** and/or **Acid Active⁽⁺⁾** phases of the treatment with the following options:

product	skin concern/purpose of step	options/directions
Enzyme Active ⁽⁻⁾	Dehydrated, oily and dull skin with mild breakouts	Skin needling: <ul style="list-style-type: none"> • Use the appropriate length needle and exercise caution as the skin may experience increased sensitivity. • Adjust the number of layers of Acid Active if using this option. • Do not choose this option if you already performed skin needling at the prep phase.
Acid Active ⁽⁺⁾	All skins For the primary exfoliation step to retexturise the skin	<ul style="list-style-type: none"> • Can use electrical modalities from first layer. • Ultrasonic • Microcurrent on specific iontophoresis positive. *If using BT Micro use on Serum setting.

Module: Decelerate

Remove gloves to begin the neutralisation process. Whip ½ teaspoon of **De•celerator** in a jelly cup with a Fan Masque Brush. Apply a generous, even layer over the entire area where **BioSurface™ Peel** was applied. **De•celerator** can remain on skin until client is no longer experiencing sensitivity, which can take up to 10 minutes.

Power up **De•celerator** phase with the following options:

product	skin concerns/ purpose of step	options/directions
De•celerator	All skin concerns Neutralise and recover the skin after BioSurface™ Peel	<ul style="list-style-type: none"> Use LED while the De•celerator is on the skin to encourage accelerated calming and recovery of the skin. If you do not have LED you could use Ultrasonic on penetration mode. <p>*If using BT Micro, use on Serum mode.</p>

Remove **De•celerator** by moistening hands with cool water and gently spreading them over the skin. Focus on areas of sensation or heat and use caution around eye and mouth areas. Remove **De•celerator** with damp cotton wool pads.

Module: Deep Treatment

Apply an almond-sized amount of appropriate IonActive to the client’s face. Spread lightly. Do not rub. Do not layer or mix with other IonActives.

Power up the IonActive phase with the following option:

product	skin concerns	option/directions
IonActives	All skin concerns	<ul style="list-style-type: none"> Use Ultrasonic to help penetrate <p>*If using BT Micro use on Serum mode.</p>

Module: Touch
Therapy

Allow IonActives time to penetrate the skin and relax your client by performing the **Targeted Neck and Shoulder Touch Therapy**.

Select and apply **Massage Cream**.

Press 4-6 drops of selected Additive into skin if appropriate over the neck and shoulders.

Module: Dermal Layering

Spritz skin with **UltraCalming™ Mist**.

Apply **MultiVitamin Power Firm** to the eye area if there are no indications of sensitivity.

Apply the prescribed Dermalogica Moisturiser to your client's skin. Due to the nature of **BioSurface™ Peel**, we suggest using a slightly heavier moisturiser than usual. Avoid using active moisturisers from **MediBac Clearing®** or **AGE Smart®**.

Power up with the following option:

product	purpose	options/directions
Prescribed Dermalogica Moisturiser	Reinforce hydration and protect barrier function	<ul style="list-style-type: none">• Use Ultrasonic to penetrate chosen Dermalogica product

In areas of frosting or sensitivity, apply **Barrier Repair** over prescribed moisturiser or **Intensive Moisture Balance**.

Protect the skin with a physical SPF, such as **Super Sensitive Shield SPF303** or **SkinPerfect Primer SPF30**.

Complete **Skin Fitness Plan** and review post-treatment guidelines.

during treatment guidelines

Treatment tips:

- Elevate client prior to beginning the treatment to prevent product entering eyes.
- If mixture gets in eyes, flush immediately with eye wash.
- A Woods Lamp may be used to ensure an even application of each step on the skin. It will appear as a purple or white tone showing signs of moisture.
- The client will most likely feel an immediate sensation. Fanning the skin with a paper or battery-operated fan can help alleviate and decrease sensation and discomfort.
- The neck and chest can also be treated with **BioSurface™ Peel**. Before doing so, check for any contraindications. When treating these areas, start with the chest, then proceed to the face. Treat the neck last and neutralise first as it is the most sensitive area.

Dealing with sensitivity:

- If the client is experiencing extreme sensation, heat in a specific area and/or excessive erythema, apply **De•celerator** immediately until discomfort subsides.
- If sensitivity persists, apply a cold compress in the form of dampened cotton wool pads or a towel to draw out any heat. Repeat and replace once the compress has become warm to the touch.
- Minimise the number of products applied during Dermal Layering.

post treatment guidelines

On the day of treatment:

- Avoid strenuous exercise or prolonged exposure to heat sources such as dry saunas and steam rooms. Increased blood circulation could lead to discomfort (prickling, itching, etc.), redness, inflammation, swelling or other side effects.
- Advise to rinse with cool water and a gentle cleanser such as **UltraCalming™ Cleanser**, then moisturise skin with a barrier-protecting moisturiser such as **Barrier Repair**. This will help relieve skin tightness.

2-3 days post treatment:

- Increase fluid intake.
- DO NOT pick or peel at loose skin as this may cause discoloration.
- Avoid using any type of exfoliating product on the treated area until skin shows no signs of sensitivity. If skin is no longer sensitive, **MultiVitamin Thermafoliant®** may be used.
- Continue to moisturise the treated area for the duration of the peeling process. Apply **Phyto Replenish Oil**, **Skin Hydrating Booster** or a slightly heavier moisturiser such as **Intensive Moisture Balance** throughout the day to help maintain hydration and decrease the appearance of flaking. Use of prescribed sun screen is essential.

2-3 weeks post treatment:

- Avoid direct daylight exposure to prevent hyperpigmentation.

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