

eye lift microZone®

Menu description: This intensive, energising professional treatment focuses on the eye area and delivers benefits such as lymph drainage, reduced puffiness, fewer visible fine lines and brighter skin around the eyes.

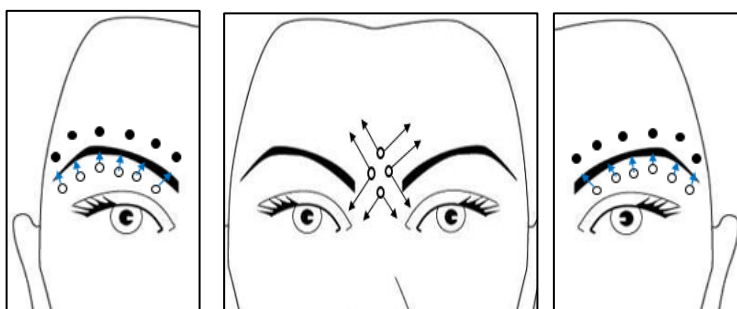
Benefits: firms, depuffs, energises, brightens

Treatment time: 20 minutes

Cost: £20-£35/€25-€40

Review an abbreviated Consultation Card that your client has completed and ask any additional pertinent questions about stress levels, lifestyle, and eye area concerns. Check for any possible contraindications, especially to electrical modalities and exfoliation.

1. Cleanse the eyes thoroughly using a pea sized amount of **Soothing Eye Make-Up Remover** on damp cotton wool; for stubborn makeup use **PreCleanse**. Remove with warm disposable wipes or damp cotton wool.
2. Perform **zone-specific Face Mapping® skin analysis** (zones 6, 2, 8) looking for fine and deep lines, dehydration, puffiness and pigmentation.
3. If the skin is not sensitive, lightly exfoliate by gently circling the eyes and in between the brows one time using **Daily Resurfacer**.
 - a. An alternative product choice is to use ½ teaspoon **Daily Microfoliant®** mixed with water in a jelly cup and apply a small amount with a fan masque brush around the eye. Manipulate the product with small finger tips circles. **Modality Option:** The ultrasonic brush or ultrasonic blade on exfoliation mode may be used with **Daily Microfoliant®**. Remove with warm disposable wipes or damp cotton wool.
4. Apply **Stress Positive Eye Lift** and perform **Eye Lift Pro Technique** with **Cooling Eye Wands**. (see page 13-14)
5. If microcurrent is available, lifting movements may be performed around the eye area. Ensure microcurrent is set to lift mode/programme. (Diagram on page 12)
 - a. Dip probes in **Multi-Active Toner** and start at the beginning of the brow closest to the nose. Place 1st probe above of the eyebrow and hold stationary (dark dots). Use the 2nd probe to lift and softly hook the brow up towards the stationary probe (eyelid should not open when lifting the brow). The brow should be between both probes. Hold this position for about 20 seconds. Continue to move along the brow towards the end. Perform 3 lifts.
 - b. Keeping probes moist with **Multi-Active Toner**, begin at the centre of the brows (between the eyes) with probe together. Moving outward at 45 degree angles, pull probes in opposite directions for about 20 seconds for each movement.
 - c. Repeat step “a” on other brow. Repeat sequence 2-3 times.



6. If microcurrent is not available, or as an additional option to de-puff and soothe the eye, proceed with using **Contour Masque** as follows:
 - a. If extra hydration is needed, dispense a small amount of **Colloidal Masque Base** in a jelly cup and apply over eye area with a Fan Masque Brush.
 - b. Dampen a 2x2 eye gauze with water or **Antioxidant HydraMist** and place directly over eyes. Then dampen another 2x2 gauze and place over the entire eye area, making sure to sufficiently cover eyes and eyebrows.
 - c. Mix approximately 1-2 tablespoons of **Contour Masque** and water to make a smooth paste, apply over gauze with a wooden spatula.
 - d. Lift off masque and remove residue with warm disposable wipes.
7. Spritz the face with **Antioxidant HydraMist**. To finish, apply a thin layer of **MultiVitamin Power Firm** or **Total Eye Care SPF15**. **SkinPerfect Primer SPF30** may also be applied as a final step.
8. Complete the **Face Mapping® Prescription Sheet** with recommended products and further treatment advice; book your client for another **Eye Lift MicroZone®** or in-room full treatment.