

dermalogica PRO[®]

massage
gel-cream



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**massage
gel-cream**

A lightweight massage gel-cream featuring motion-activated oils for longer-lasting slip. Nourishing Safflower and Sunflower Oils, antioxidant Vitamin E and Glycerin hydrate and smooth the skin.

PROFESSIONAL USE ONLY
not for retail sale



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the power of touch

As a professional skin therapist, you have a special power: the ability to alter a client's mood with the simple touch of your hands. When the skin experiences supportive touch such as a therapeutic massage, the brain releases chemicals into our bloodstream that result in soothing feelings. In particular, touch has the power to flood the body with the “feel-good” hormone known as oxytocin, which promotes feelings of trust, bonding and love.¹

Touch can also help reduce levels of a hormone called cortisol, often referred to as the “stress hormone.” This is especially important for clients who experience chronic stress as a result of their lifestyle and environment. Chronic stress can adversely affect one's health and lead to a number of visible skin concerns including sensitivity, dullness, breakouts and premature signs of aging.^{2,3}

Supportive human touch is linked to many health benefits, including lower stress levels; pain relief; stimulated lymph flow and circulation; and ultimately healthier-looking skin.^{1,4} This may explain why even in a hyper-connected digital world, people repeatedly seek out massages, skin treatments and other forms of supportive touch.

Dermalogica's **NEW Massage Gel-Cream** helps you leverage the power of touch to further enhance your massage treatments. This lightweight formula features motion-activated oil technology that promotes longer-lasting slip and glide during each massage. The more you massage, the more oil is released, helping you prolong the benefits of supportive touch in your client's treatment.

massage gel-cream at a glance



why you need it

This lightweight, fragrance-free formula provides longer-lasting slip and glide during each massage.

what it is

A gel-cream hybrid ideal for massaging the face and body.

how it works

Motion-activated oil technology allows for increased slip and glide with added pressure.

skin condition

All skin conditions

benefits

- Increases and prolongs slip and glide during massage
- Hydrates and smoothes skin without leaving a heavy residue

key ingredients

Lightweight oil blend:

- **Carthamus Tinctorius (Safflower) Seed Oil**, one of the world's richest natural sources of Omega-6, helps replenish lipids and lock in moisture. This nourishing oil also naturally contains antioxidant Vitamin E.
- **Helianthus Annuus (Sunflower) Oil** is a rich source of antioxidant Vitamin E. It also contains fatty acids which help support barrier function and skin moisturization.
- **Vitamin E Tocopherols** from Rapeseed Oil help combat oxidative stress.

Glycerin helps prevent moisture loss and promote skin hydration.



application

1. Dispense 4-6 drops of the appropriate **Dermalogica Additive** into your hands, perform inhalations, and press onto client's face, neck, and chest.

Optional: Mix the Additive into
Massage Gel-Cream.

2. Dispense 2-3 pumps of **Massage Gel-Cream** into your hands. This is an adequate amount for your client's face, neck, and upper body.

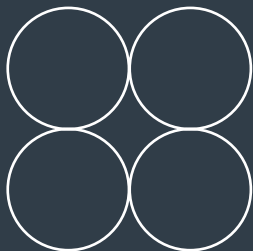
Note: If your client is contraindicated to any of the Additives, add 3-4 drops of **Calming Botanical Mixer** to **Massage Gel-Cream**.

3. Continue with spreading movements, then follow with your chosen Touch Therapy or European-style massage.
4. As you massage your client, **Massage Gel-Cream** will continue to release oil, helping to maintain slip and glide.
5. Once you have completed your Touch Therapy or massage, remove **Massage Gel-Cream** with a steam towel customized with **Calming Botanical Mixer** or warm water and sponges.

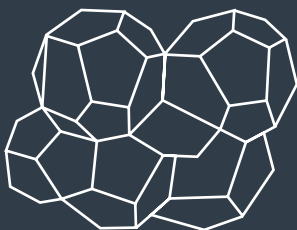
motion-activated oil technology

What makes this massage gel-cream stand out? It's all about the motion-activated ingredients. Dermalogica Massage Gel-Cream contains a state-of-the-art emulsion technology called High-Internal Phase Emulsion (HIPE), which can hold high levels of a lightweight oil blend without the heavy waxy feel. Instead of having conventional spherical oil particles, this technology has polygon-shaped oil particles, which allow more oil to be packed into the formulation. The release of this oil is controlled by friction, so as you massage, you can actually feel the oil "break" free and spread more generously across the skin.

High Internal Phase Emulsion (HIPE)



Conventional emulsions have spherical oil particles, which have space between them.



Massage Gel-Cream has polygonal oil particles, which have less space between them, and hold more oil. This allows more oil to be packed into the formula.



frequently asked questions

What is the key benefit of Massage-Gel Cream?

This treatment room product hydrates and smoothes skin while optimizing slip and glide during professional massage treatments.

Can I use Massage Gel-Cream on any skin condition?

Yes. This product is designed to work for all skin conditions.

Do I need to remove Massage Gel-Cream?

For extremely dry skin, you may want to leave **Massage Gel-Cream** on for added hydration. For all other skin conditions, we recommend removing with a steam towel.

references

1. Aguirre, Claudia. "The Power of Touch." The International Dermal Institute, 24 Feb. 2012. Web. 09 Jan. 2015.
2. Robles, Theodore F., Kathryn P. Brooks, and Sarah D. Pressman. "Trait Positive Affect Buffers the Effects of Acute Stress on Skin Barrier Recovery." *Health Psychology : Official Journal of the Division of Health Psychology, American Psychological Association*. U.S. National Library of Medicine, May 2009. Web. 16 Jan. 2017.
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4. Aguirre, Claudia, and Annet King. "Skin and the Brain: Uncovering New Links." Skin Inc. 28 Sept. 2012: n. pag. Web.

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