prep and glow skinsolver

Menu description: Deep clean, polish and hydrate skin for maximum luminosity and glow. This service ensures your skin is a smooth and polished canvas while giving you a choice of targeting your favourite facial feature – eyes or lips. Skin is illuminated and dewy – leaving you with a healthy natural look or perfectly primed for makeup application.

Benefits: smooths, polishes and preps skin for the ultimate glow.

Treatment time: 10 minutes performed at Skin Bar®

Cost: £10.00 or €15

- 1. Greet the customer and invite them to take a seat at Skin Bar® to experience the **Prep and Glow SkinSolver** and achieve smoother, polished, glowing skin. Begin the conversation by asking the client how they normally try achieve a healthy glow. Ask whether they would like to focus on their eyes or lips during their treatment, this will determine whether you will perform the **Eye Lift DIY** or **Lip Smoothing DIY**.
- 2. Ask the customer to look in to a mirror and check their skin for any concerns. Discuss whether they sometimes experience dull or lacklustre skin or feel that their make-up does not always sit how they would like. Share that throughout the SkinSolver you will explain how to adjust their at-home regimen to get a healthy glow. Have the customer complete the questions on the **Skin Fitness Plan** and ask any additional questions pertaining to their skin health, lifestyle and products they may use. Check for any possible contraindications especially to electrical modalities and exfoliation.
- 3. Use your **Face Mapping**® skills to evaluate their skin and discuss concerns they may have already mentioned. Focus on either the lips or the eyes depending on the area they chose to address in the service.
- 4. Prep the customer with a headband and dental bib, and clip around the neck. You may choose to position an additional bib across the lap to protect clothing.
- 5. Cleanse the eyes thoroughly using **PreCleanse Balm** on damp cotton wool. For lash extensions, use a pea size amount of **Soothing Eye Make-Up Remover** on damp cotton wool. Rinse with damp disposable wipes or cotton wool. Remove any excess make-up with cotton buds along the lashes and lash lines if necessary. If the client chose to focus on the lips, ask them to close their mouth and wipe across their lips.



6. Cleanse the face using **PreCleanse Balm**; massage the product in to the customer's skin with your fingers using circular motions. Add water, emulsify the product in a jelly cup using a damp fan brush, and continue to cleanse the skin, rinse using a damp disposable wipe. Complete the Dermalogica Double Cleanse with **UltraCalming™ Cleanser**.



- 7. Mix **Daily Superfoliant**™ in a jelly cup and apply with a fan masque brush on the face and around/on the lip area. Manipulate the product with small fingertip circles and amplify the exfoliation using an ultrasonic brush or blade if available. Explain that this tool causes vibrations to shake off dulling skin cells giving a smooth and polished canvas. Remove with warm disposable wipes.
- 8. Follow this by pressing 4-6 drops of **Phyto Replenish Oil** onto the skin for extra repair and hydration.
- 9. Depending on their choice, show the customer either **Nightly Lip Treatment** and the cooling applicator tip or **Stress Positive Eye Lift** and the cooling applicator tip. Let them know that they would use the applicator to apply the product, as well as for the **Lip Smoothing DIY/ Eye Lift DIY**.

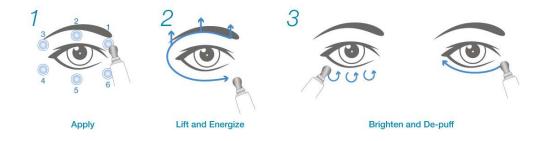
OPTION 1- **Lip Smoothing DIY**: Using one professional **Cooling Wand**, perform **Lip Smoothing DIY**, making sure to explain each step to the customer as you go.

- a. Apply: Dispense 1 pump of Nightly Lip Treatment on the back of the hand. With the Cooling Wand, generously apply 6 dots: 3 along upper lip and 3 along lower lip.
- b. **Massage Laugh Lines:** Massage product down the left laughter line using a lifting motion with the **Cooling Wand**. Circle above the upper lip, along the lip line. Repeat lifting motion on the right laugh line.
- c. **Massage Feather Lines:** Using the **Cooling Wand**, circle product below the lower lip line. Gently smooth wand over the lips to promote lip hydration.
- d. **Massage in Excess:** Glide **Cooling Wand** around the mouth and over the lips, explaining the benefits of the **Nightly Lip Treatment**.



OPTION 2- Eye lift DIY: Using one professional Cooling Wand, perform Eye Lift DIY, making sure to explain each step to the customer as you go.

- a. Apply: Dispense an almond size amount of Stress Positive Eye Lift on the back of the hand. With the Cooling Eye Wand, generously apply 6 dots: 3 under eyebrows and 3 under eyes. Repeat on other eye.
- b. **Lift and Energise:** Next, press and lift up at the inner, centre and outer corners of the eyebrow. Hold each lift for 1–2 seconds. Gently glide beneath the eye, back to the brow. Repeat all movements 3 times on each eye.
- c. **Brighten and De-puff:** Gently circle under eye, from the outer corner to the inner corner. Glide back toward the outer corner. Repeat all movements 3 times on each eye.
- d. If you have time, leave the product on the skin for a few minutes as a masque and use this time to complete the **Skin Fitness Plan** and discuss the benefits of **Stress Positive Eye Lift**. Circle the eyes 1-3 times with fingertips to smooth any excess product.



- 10. Depending on their previous choice, apply either **Nightly Lip Treatment** or **Stress Positive Eye Lift** for additional skin benefit. Highlight the relevant product benefits.
- 11. Spritz the skin with **Antioxidant HydraMist** and follow with 1 pump of **Dynamic Skin Recovery SPF50**. Clarify whether the client would prefer a matte finish or a radiant glow and choose either **SkinPerfect Primer SPF30** or **HydraBlur**™ **Primer** to finish accordingly.
- 12. Complete the **Skin Fitness Plan** with recommended products, including at least 1 product innovation, and give further treatment advice; book the customer for a follow up treatment.

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