dermalogica

dermalogica.com/learnproskin

benefits: intensifies treatment results with serums and masques to treat various skin conditions

✓ key steps

- 1. Apply prescribed IonActive™ Serum
- 2. Follow with application of prescribed professional masque
- 3. Remove with warm steam towel



- 1. Apply prescribed IonActive™ Serum to client's skin.
- 2. Follow with prescribed professional masque over IonActive™ Serum.
- 3. Allow products to process and penetrate on client's skin.
- 4. Remove excess product with warm steam towel or sponges.



- You may use cool globes or warm stones over prescribed products to enhance treatment.
- You may perform a Touch Therapy such as Stress Relief Scalp or Targeted Neck and Shoulder during Deep Treatment.

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galvanic iontophoresis

benefit: increases product penetration to boost efficacy of products



- Cover negative electrode with damp sponge or gauze and connect to client
- 2. Attach the working positive electrode
- 3. Apply prescribed IonActive™ Serum
- 4. Move working electrode over skin



product boost!

Add one of these masques over IonActive™ Serum:

- Colloidal Masque Base
 MultiVitamin Power Recovery® Masque
 Clinical Oatmeal Masque
- ExoThermal Gelloid Masque EndoThermal Gelloid Masque

- 1. Cover negative electrode with damp sponge and connect to client.
- 2. Attach the Roller for entire face or Ball for eyes working positive electrode.
- 3. Apply prescribed lonActive™ Serum to client's skin. Professional masque may be applied over.
- 4. Contact the working positive electrode to skin. Turn the machine on and slowly increase intensity.
- 5. Move the working positive electrode over all of face, neck and chest.
- 6. When complete, turn machine down and off.
- 7. If masque was applied, remove excess product with warm steam towel and sponges.

ntips:

- Skin should be damp with the products applied and electrode should glide easily. If more moisture is required, spritz skin with prescribed Dermalogica toner to allow for better glide.
- Do not break contact with skin while machine is on and keep electrode moving.
- Do not exceed 3 milliamps.

number of the contraindications:

Metal implants, pacemaker, body piercings, impaired barrier, pregnant or trying to become pregnant.

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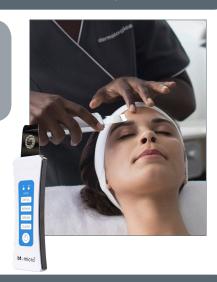
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ultrasonic blade

benefit: increases product penetration to help boost efficacy of products

√ key steps

- 1. Apply prescribed IonActive™ Serum
- 2. Select penetration mode
- 3. Place flat side of blade at 45 degree angle
- 4 Perform routine



product boost!

Add one of these masques over IonActive™ Serum:

- Colloidal Masque Base MultiVitamin Power Recovery® Masque Clinical Oatmeal Masque
- ExoThermal Gelloid Masque EndoThermal Gelloid Masque

- Apply prescribed lonActive[™] Serum to client's skin. Professional masque may be applied over lonActive[™] Serum.
- 2. Select penetration mode and place flat side of blade at 45 degree angle. Apply using a "buttering technique."
- 3. Keep working hand in contact with the metal plates on both sides of the blade, while non-working hand should maintain contact with client's skin and remain within 2 inches of blade.
- 4. Work over the face, neck and chest, then turn device off.
- 5. Remove excess product with warm steam towel or sponges.

ntips:

 Skin should be damp and blade should glide easily. If more moisture is required, spritz skin with prescribed toner for better glide.

n contraindications:

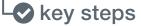
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microcurrent specific iontophoresis

benefit: increases product penetration to help boost efficacy of products



- 1. Apply prescribed IonActive™ Serum
- 2. Select specific iontophoresis on positive mode
- 3. Perform routine small movements over the product



product boost!

Add one of these masques over IonActive Serum and penetrate with modality:

- Colloidal Masque Base
 MultiVitamin Power Recovery® Masque
- ExoThermal Gelloid Masque EndoThermal Gelloid Masque
- Clinical Oatmeal Masque



- 1. Apply prescribed IonActive™ Serum to client's skin. Professional masque may be applied over IonActive™ Serum.
- 2. Turn modality on and select specific iontophoresis positive mode.
- 3. Saturate probes in toner from a cup.
- 4. Work over the face, neck and chest using a figure 8 or feathering movement and keep probes 2 inches apart.
- 5. If masque was applied, remove excess product with warm steam towel or sponges.

ntips:

- Skin should be damp with the products applied and probes should glide easily. If more moisture is required, spritz skin with prescribed Dermalogica toner to allow for better glide.
- Select a lower setting for sensitive/thinner skin or a higher setting for more resistant/thicker skin.
- Keep probes moving.

P contraindications:

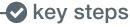
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LED (light emitting diode)

benefit: stimulates and energizes cellular activity and each wavelength or color of light treats different skin conditions



- 1. Apply prescribed LED-friendly products
- 2. Apply protective eyewear to client and yourself
- 3. Select desired LED light, rate and time
- 4. Turn machine on and position LED over client's face
- 5. Turn off machine when complete

LED-friendly product selections

- Hyaluronic Acid, Oligopeptide, Niacinamide IonActive[™] Serums
- ExoThermal or EndoThermal Gelloid Masques
- Colloidal Masque Base



- 1. Apply appropriate LED-friendly products to client's skin.
- 2. Apply protective eyewear to both client and yourself.
- 3. Select desired LED light (red for ageing skin or blue for acneic skin), rate and time.
- 4. Turn machine on and position LED over client's face.
- 5. Turn off machine when complete.
- 6. Remove excess product with warm steam towel or sponges.



number of the contraindications:

Hypersensitivity to light (photo allergy), tendency towards photo-toxic reactions, taking of photo-sensitising or photo-toxic medication, epilepsy, pregnancy, panic attacks and claustrophobia.