

double cleanse

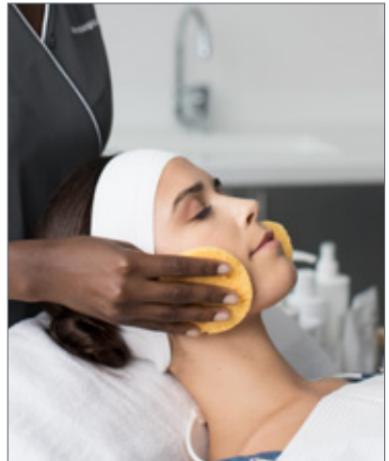
dermalogica®

dermalogica.com/learnproskin

benefit: This Double Cleanse will remove both oil and water-soluble debris from the skin's surface, ensuring a professional and more thorough level of clean

key steps

1. First cleanse: PreCleanse
2. Perform cleanse routine then emulsify and remove
3. Perform Face Mapping®
4. Second cleanse: prescribed cleanser
5. Perform cleanse routine then remove



⚡ product boost!

Mix one of these options to boost second cleanser:

- ½ tsp Daily Microfoliant® • ½ tsp MultiVitamin Thermafoliant®
- 1 pump Exfoliant Accelerator 35 • 1 pump Multi-Active Scaling Gel

product recommendations

oily skin:

Dermal Clay Cleanser

normal/combination skin:

Special Cleansing Gel

dry skin:

Essential Cleansing Solution

sensitive skin:

UltraCalming™ Cleanser

acne/breakouts:

Clearing Skin Wash

ageing/pigmentation:

Skin Resurfacing Cleanser

step-by-step instructions:

1. Cleanse the eyes and lips with PreCleanse on damp cotton pads.
2. Perform first cleanse with PreCleanse, then add water to emulsify and remove.
3. Perform Face Mapping®.
4. Perform second cleanse with prescribed cleanser according to the client's skin type/condition.
5. Steam may be used at this time.
6. Remove product with sponges and warm water.



tip:

Perform a thorough and rhythmic Double Cleanse routine to ensure all traces of debris have been removed from the skin.

double cleanse

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brushes

benefit: deep cleanse with mild exfoliation

key steps

1. First cleanse: PreCleanse
2. Perform Face Mapping®
3. Second cleanse: prescribed cleanser
4. Apply damp brush to skin
5. Work brush in circular motions



⚡ product boost!

Mix one of these options to boost second cleanser:

- ½ tsp **Daily Microfoliant®**
- ½ tsp **MultiVitamin Thermafoliant®**
- 1 pump **Exfoliant Accelerator 35**
- 1 pump **Multi-Active Scaling Gel**

product recommendations

oily skin:

Dermal Clay Cleanser

normal/combination skin:

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dry skin:

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sensitive skin:

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acne/breakouts:

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step-by-step instructions:

1. Cleanse the eyes and lips with PreCleanse on damp cotton pads.
2. Perform first cleanse with PreCleanse, then add water to emulsify and remove.
3. Perform Face Mapping®.
4. Perform second cleanse with prescribed cleanser according to the client's skin type/condition.
5. Steam may be used at this time.
6. Dampen the brush head with water and apply to the skin.
7. Gently work in circular motions around the face for about 1-2 minutes.
8. Remove any remaining cleanser with sponges and warm water.



tip:

Brushes may be used with PreCleanse, once emulsified.

! contraindications:

Medically prescribed exfoliants, impaired barrier, inflamed active acne, recently resurfaced or waxed skin.

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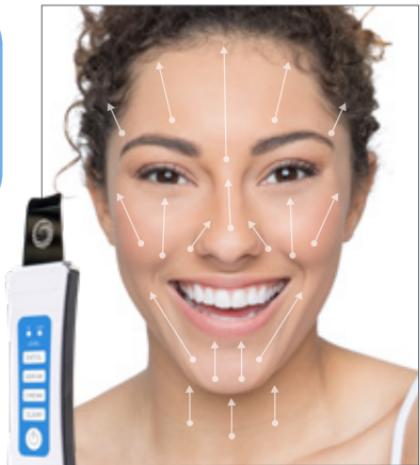
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ultrasonic blade

benefit: therapeutic ultrasound provides deeper cleanse with added exfoliation

key steps

1. First cleanse: PreCleanse
2. Perform Face Mapping®
3. Second cleanse: prescribed cleanser
4. Select exfoliation mode
5. Hold blade at 45 degree angle
6. Perform cleanse routine following diagram



⚡ product boost!

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product recommendations

oily skin:

Dermal Clay Cleanser

normal/combination skin:

Special Cleansing Gel

dry skin:

Essential Cleansing Solution

sensitive skin:

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acne/breakouts:

Clearing Skin Wash

ageing/pigmentation:

Skin Resurfacing Cleanser

step-by-step instructions:

1. Cleanse the eyes and lips with PreCleanse on damp cotton pads.
2. Perform first cleanse with PreCleanse, then add water to emulsify and remove.
3. Perform Face Mapping®.
4. Perform second cleanse with prescribed cleanser according to the client's skin type/condition.
5. Steam may be used at this time.
6. Select exfoliation mode. Use the blade at a 45 degree angle.
7. Hold skin taut. Begin on neck using light upward strokes. Cover all areas of the face and neck. Periodically wipe debris off blade with cotton pad.
8. Remove any remaining cleanser with sponges and warm water.

tips:

- Ultrasonic blade may be used with PreCleanse, once emulsified.
- Choose a lower setting for sensitive skin or a higher setting for resistant skin.
- Skin should be damp and blade should glide easily. If more moisture is required, add water to face with wet hands.

contraindications:

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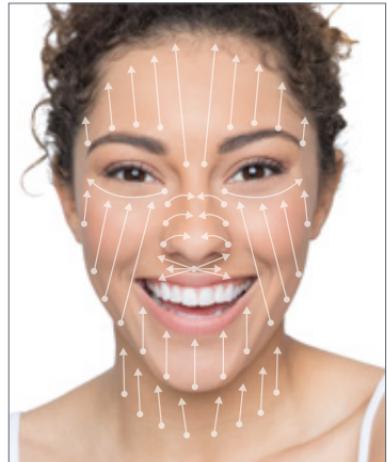
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wet microdermabrasion

benefit: deeper cleanse with added mechanical exfoliation

key steps

1. First cleanse: PreCleanse
2. Perform Face Mapping®
3. Second cleanse: prescribed cleanser
4. Select diamond tip
5. Adjust vacuum level
6. Perform cleanse routine following diagram



skin texture				
uneven/ coarse	coarse/ even	even/ normal	normal/ sensitive	sensitive/ thin
diamond tip				
very coarse	coarse	moderate/ medium	fine	very fine
vacuum level				
high	medium		low	

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step-by-step instructions:

1. Cleanse the eyes and lips with PreCleanse on damp cotton pads.
2. Perform first cleanse with PreCleanse, then add water to emulsify and remove.
3. Perform Face Mapping®.
4. Perform second cleanse with prescribed cleanser according to the client's skin type/condition.
5. Steam may be used at this time.
6. Select appropriate diamond tip according to the client's skin texture.
7. Adjust vacuum level: low for sensitive, medium for normal, high for coarse.
8. Perform the cleanse routine following the diagram on reverse. Move from the forehead down.
9. Remove any remaining cleanser with sponges and warm water.

! contraindications:

Medically prescribed exfoliants, impaired barrier, inflamed active acne, recently resurfaced or waxed skin.

tip:

Skin should be damp and hand piece should glide easily. If more moisture is required, spritz with prescribed Dermalogica toner or add water to allow for better glide.