



10 minute

dewy skin

skinsolver

Helps strengthen, hydrate and shield for healthy, luminous skin.

The perfect skin fix for any occasion!

time:



1 MIN.

directions:

1 Cleanse the skin by applying 2 pumps of **PreCleanse** to damp disposable wipes.



3 MIN.

2 Dispense an almond-sized amount of **Essential Cleansing Solution** or **UltraCalming™ Cleanser**. Add a small amount of **Daily Microfoliant®** with water. Remove with damp disposable wipes.

Modality Option: Use an ultrasonic brush or blade on exfoliation mode to accelerate skin resurfacing.



4 MIN.

3 Spritz **Multi-Active Toner** and apply 4-6 drops of **Phyto Replenish Oil**. Perform the **Dewy Skin DIY**.



1 MIN.

4 Apply **Intensive Moisture Balance** or **Super Rich Repair** mixed with **Solar Defense Booster SPF50**.

Product Option: Finish with **SkinPerfect Primer SPF30**.

dewy skin (continued)

time:



directions:

5 Complete the **Skin Fitness Plan** with prescribed products and treatment advice.



Consumer Skin Tip:

To keep your dewy skin maintained, add a drop of **Phyto Replenish Oil** to your foundation or moisturiser.

1 + 2
prescription

1 - Priority Product

Phyto Replenish Oil
Hydrating facial oil for all-day dewy skin.

2 - Secondary Products

Daily Microfoliant®
Rice-based powder exfoliant to brighten and smooth.

Multi-Active Toner
Hydrating spray toner for all skin conditions.



10 minute

eye lift

skinsolver

Instantly addresses signs of puffiness, fatigue and stress around the eyes.
Great for busy mums and stressed-out clients!

time:

directions:



1 MIN.

- 1 Cleanse around eyes using 2 pumps of **PreCleanse** on damp disposable wipes. For lash extensions, use a pea-sized amount of **Soothing Eye Make-Up Remover** on damp cotton pad.



2 MIN.

- 2 Exfoliate around eyes using **Daily Resurfacer**, or use ½ teaspoon **Daily Microfoliant**® mixed with water and remove with damp disposable wipes.

Modality Option: Use an ultrasonic brush or blade on exfoliation mode to accelerate skin resurfacing.



2 MIN.

- 3 Spritz **Antioxidant HydraMist** or prescribed toner. Dispense an almond-sized amount of **Stress Positive Eye Lift** on the back of your hand. Use **Cooling Eye Wands** to apply product and perform the **Eye Lift DIY**.



3 MIN.

- 4 For additional lifting, perform microcurrent using the lifting mode/programme set to low.

Modality Option: Use an ultrasonic blade on penetration mode if microcurrent is not available.

eye lift (continued)

time:



directions:

5 Apply **MultiVitamin Power Firm**, **Total Eye Care SPF15** or **Intensive Eye Repair**.

Product Option: Finish with **SkinPerfect Primer SPF30**.



6 Complete the **Skin Fitness Plan** with prescribed products and treatment advice.

1 + 2
prescription

1 - Priority Product

Stress Positive Eye Lift

High-performance eye treatment and masque to reduce visible signs of stress.

2 - Secondary Products

Soothing Eye Make-Up Remover
Oil-free foaming eye make-up remover.

Total Eye Care SPF15
Brightening, Broad Spectrum eye cream for dark circles.



10 minute

flash glow

skinsolver

Your ticket to glowing skin in a flash.
Ideal prior to parties and special events!

time:



1
MIN.

1 Cleanse the skin using 2 pumps of **PreCleanse** on damp disposable wipes.



2
MIN.

2 Apply 1 pump of **Skin Resurfacing Cleanser** mixed with water. Remove with damp disposable wipes.

Modality Option: Use an ultrasonic brush or blade on exfoliation mode to accelerate skin resurfacing.



3
MIN.

3 Apply **Daily Resurfacer**. Put on gloves and apply 2 pumps of **Exfoliant Accelerator 35** to one square of dry 2"x 2" gauze. Wipe the skin from the forehead down. If skin can tolerate, repeat the procedure with a second layer.



1
MIN.

4 Take off gloves. Remove **Exfoliant Accelerator 35** by cleansing with **Skin Resurfacing Cleanser**. Wipe with damp gauze. Apply **Daily Resurfacer**. If sensitized, remove cleanser with damp disposable wipes and omit **Daily Resurfacer**.

flash glow (continued)

time:



directions:

5 Spritz prescribed toner. Apply 4 drops of **Phyto Replenish Oil** or a pea-sized amount of **MultiVitamin Power Serum**.



6 Apply **Dynamic Skin Recovery SPF50** or **Super Sensitive Shield SPF30**. Finish with **SkinPerfect Primer SPF30** or **HydraBlur™ Primer**.



7 Complete the **Skin Fitness Plan** with prescribed products and treatment advice.

1 + 2
prescription

1 - Priority Product

Skin Resurfacing Cleanser
AGE-fighting exfoliating cleanser.

2 - Secondary Products

Skin Hydrating Booster
Adds more hydration to your favourite moisturiser.

SkinPerfect Primer SPF30
Illuminating SPF make-up prep.



flash hydration

•skinsolver

Rescues dehydrated skin
and restores moisture.
Your go-to for rescuing dull, winter skin!

time:



directions:

1 Cleanse the skin using 2 pumps of **PreCleanse** on damp disposable wipes.



2 Mix **Special Cleansing Gel** with a pea-sized amount of **MultiVitamin Therafoliant®**. Dampen your fingertips and manipulate. Remove with warm disposable wipes.

Modality Option: Use an ultrasonic brush or blade on exfoliation mode to accelerate skin resurfacing.



3 Apply **Daily Resurfacer**. Spritz **Antioxidant HydraMist** and apply 4 drops of **Skin Hydrating Booster** or a pea-sized amount of **MultiVitamin Power Serum**. Apply **Intensive Eye Repair** around eyes.



4 Apply **Active Moist** and **Solar Defense Booster SPF50**. Finish with **SkinPerfect Primer SPF30** or **HydraBlur™ Primer**.

flash hydration (continued)

time:



directions:

5 Complete the **Skin Fitness Plan** with prescribed products and treatment advice.



Consumer Skin Tip:

To maintain your hydration, spritz your face throughout the day with **Antioxidant HydraMist**.

1 + 2
prescription

1 - Priority Product	2 - Secondary Products
Skin Hydrating Booster Adds more hydration to your favourite moisturiser.	Antioxidant HydraMist Flash-firming antioxidant toning mist. HydraBlur™ Primer Hydrating, fine line-blurring make-up primer.



10 minute

fresh glow

skinsolver

Deep cleans, exfoliates and hydrates.
A must for your cleanest skin ever!

time:



3 MIN.

directions:

- 1 Cleanse the skin by applying an almond-sized amount of **PreCleanse Balm** to dry skin and manipulating. Using a damp Fan Masque Brush, emulsify with water, continue to manipulate and perform the **PreCleanse Balm How-To** steps.

Modality Option: Use an ultrasonic brush or blade on exfoliation mode to accelerate skin resurfacing.



2 MIN.

- 2 Dispense 1 pump of prescribed cleanser into a cup and add water. Apply with Fan Masque Brush, manipulate and remove with damp disposable wipes.

Modality Option: Use an ultrasonic brush or blade on exfoliation mode to accelerate skin resurfacing.



2 MIN.

- 3 Mix ½ teaspoon of **Daily Microfoliant**® with water and add ½ tube of **MultiVitamin Power Exfoliant**. Apply with Fan Masque Brush, manipulate and remove with damp disposable wipes.

fresh glow (continued)

time:

directions:

Modality Option: Use an ultrasonic brush or blade on exfoliation mode to accelerate skin resurfacing.



4 Spritz **Multi-Active Toner** and apply a few drops of **Skin Hydrating Booster**.



5 Apply **Skin Smoothing Cream** mixed with **Solar Defense Booster SPF50**.

Product Option: Finish with **SkinPerfect Primer SPF30** or **HydraBlur™ Primer**.



6 Complete the **Skin Fitness Plan** with prescribed products and treatment advice.

1 + 2
prescription

1 - Priority Product

PreCleanse Balm

Balm-to-oil that removes excess sebum, make-up and impurities.

2 - Secondary Products

Special Cleansing Gel

Soap-free, foaming gel cleanser for all skin conditions.

Daily Microfoliant®

Rice-based powder exfoliant to brighten and smooth.



10 minute

lip smoothing

skinsolver

Firms, hydrates and restores skin on and around the lip area.
Perfect for date nights and Valentine's Day!

time:



1 MIN.



3 MIN.



3 MIN.

directions:

- 1 Cleanse the skin using 2 pumps of **PreCleanse** on damp disposable wipes.
- 2 Mix ½ teaspoon **Daily Microfoliant**® with water and a small amount of **Skin Resurfacing Cleanser**. Apply over face including lips. Manipulate and remove with damp disposable wipes.

Modality Option: Use an ultrasonic brush or blade on exfoliation mode to accelerate skin resurfacing.

- 3 Dispense 1 pump of **Nightly Lip Treatment** on the back of your hand. Use a **Cooling Eye Wand** to apply product around lips and perform the **Lip Smoothing DIY**.

Modality Option: Use an ultrasonic blade on penetration mode to enhance the treatment.

lip smoothing (continued)

time:



directions:

4 Spritz **Antioxidant HydraMist** or prescribed toner. Apply 4-6 drops of **Phyto Replenish Oil**.



5 Apply **Dynamic Skin Recovery SPF50**.

Product Option: Finish with **SkinPerfect Primer SPF30** or **HydraBlur™ Primer** and **Renewal Lip Complex**.



6 Complete the **Skin Fitness Plan** with prescribed products and treatment advice.

1 + 2
prescription

1 - Priority Product

Nightly Lip Treatment
Anti-ageing lip and perioral treatment.

2 - Secondary Products

Skin Resurfacing Cleanser
AGE-fighting exfoliating cleanser.

Dynamic Skin Recovery SPF50
AGE-fighting SPF moisturiser.



brightness booster

•skinsolver

Resurfaces, smoothes
and brightens dull,
lackluster skin.

Fantastic for autumn/winter
dull skin recovery!

time:



directions:

1 Cleanse the skin using 2 pumps of **PreCleanse** on damp disposable wipes.



2 Mix ½ teaspoon of **Daily Microfoliant**® with 1 pump of **Exfoliant Accelerator 35**. Apply with Fan Masque Brush and manipulate. Remove with warm disposable wipes.

Modality Option: Use an ultrasonic brush or blade on exfoliation mode to accelerate skin resurfacing.



3 Spritz on **Antioxidant HydraMist** and apply **C-12 Pure Bright Serum**.

Modality Option: Use an ultrasonic blade on penetration mode to enhance the treatment.



4 Apply **Dynamic Skin Recovery SPF50** or **PureLight SPF50**. Finish with **SkinPerfect Primer SPF30**.

brightness booster (continued)

time:



directions:

5 Complete the **Skin Fitness Plan** with prescribed products and treatment advice.



Consumer Skin Tip:

Always make sure to use an SPF to keep skin bright and protected.

1 + 2
prescription

1 - Priority Product

C-12 Pure Bright Serum
Potent brightening serum for
uneven skin tone.

2 - Secondary Products

Daily Microfoliant®
Rice-based powder exfoliant to brighten
and smooth.

Dynamic Skin Recovery SPF50
AGE-fighting SPF moisturiser.



10 minute

breakout clearing

• skinsolver

Deep cleans to clear congestion and heal breakouts.

Ideal for teens, especially during prom season!

time:



2 MIN.



4 MIN.



2 MIN.



1 MIN.



1 MIN.

directions:

- 1 Cleanse the skin by applying 2 pumps of **PreCleanse** to damp disposable wipes.
- 2 Mix **Breakout Clearing Foaming Wash** with water and add a small amount of **Blackhead Clearing Pore Control Scrub**. Apply with a Fan Masque Brush, lightly manipulate with fingertips and remove with damp disposable wipes.

Modality Option: Use an ultrasonic brush to accelerate skin resurfacing on congested skin only.
- 3 Spritz with **Breakout Clearing All Over Toner** or apply onto cotton pad and wipe. Apply **Breakout Clearing Emergency Spot Fix** directly onto breakouts.
- 4 Apply **Oil Clearing Matte Moisturizer SPF15**.
- 5 Complete the **Skin Fitness Plan** with prescribed products and treatment advice.

breakout clearing (continued)

1 + 2 prescription

1 - Priority Product	2 - Secondary Products
Breakout Clearing Foaming Wash Soothing facial cleanser that fights teen acne.	Blackhead Clearing Pore Control Scrub Gentle scrub for teens that clears blackheads. Breakout Clearing Overnight Treatment Nighttime gel to help clear teen breakouts.