

how to use

1. Place on your trolley for easy access.
2. Complete a Dermalogica Face Mapping® skin analysis Consultation Card with client to determine skin condition.
3. Prescribe desired exfoliation strength by choosing from Level 1, 2, or 3, then review any product contraindications listed below.
4. Follow application instructions.

Note: Dermalogica professional-use-only products are highly active and efficacious. All products must be applied correctly to maximize results and protect integrity of the client's skin. When using any professional exfoliation or electrical modalities, under no circumstances should you leave your client unattended in the treatment room at any time. Even if the exfoliant you have chosen would be considered mild or the machine is pre-programmed and fully automated.

For full details on the Dermalogica Exfoliation Level System, warnings and contraindications, please see The Book or attend the Dermalogica Exfoliation Workshop.

the dermalogica **professional** exfoliation guide

dermalogica®

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exfoliation product selection and instructions

	dermalogica product	bioactivity score	skin condition	application
level 1	Skin Prep Scrub	1	All	Apply to damp skin or mix with cleanser and massage gently over face and throat. Remove with damp sponges or a steam towel customized with prescribed Botanical Mixer.
	Daily Microfoliant®	5	All	Mix ½ tsp. of powder into very wet hands to create a paste (adding more water if needed) and massage over cleansed skin for 1 minute. Remove with damp sponges or a steam towel customized with prescribed Botanical Mixer.
	Daily Resurfacer	9	All	Hold sponge applicator to top of Daily Resurfacer and dispense 1-2 pumps of the fluid onto the sponge by pressing down. Apply to entire face, but use caution around eye area to avoid getting into eyes. No need to remove product from the skin.
level 2	Enzymatic Base, Part A	10	All or excess oil production, breakouts	Mix 1 scoop with 1 tsp. of water and apply with a Fan Masque Brush. Remove with damp sponges or a steam towel customized with prescribed Botanical Mixer. Option: Mix 1 scoop of Enzymatic Base, Part A with 1 tsp. of Scaling Fluid to make an enzyme/alkaline base to prep for extractions. Use under steam for 7-10 minutes.
	MultiVitamin Thermafoliant®	10	Aging / prematurely-aging skin	Apply ½ tablespoon amount to damp face and neck. Massage in light circular motions for 1-2 minutes. Remove with damp sponges or a steam towel customized with prescribed Botanical Mixer. Option: Apply to dry skin and massage in light circular motions, and activate with warm water for 2 minutes.
	Skin Exfoliant System	13	Skin with excess oil production, skin prone to breakouts	Blend one scoop (1 tbsp.) of Enzymatic Base, Part A with 1 tsp. Acidic Activator, Part B until creamy smooth. with a Fan Masque Brush; leave to activate for 10 minutes. Remove with damp sponges or a steam towel customized with prescribed Botanical Mixer.
	Daily Microfoliant® + MultiVitamin Power Exfoliant	15	All	Dispense ½ teaspoon Daily Microfoliant® into wet hands. Add 1 tube MultiVitamin Power Exfoliant to create a paste (add water if necessary). Massage over face for 1-2 minutes, avoid eye area. Remove with damp sponges or a steam towel customized with prescribed Botanical Mixer.
	Daily Microfoliant® + Exfoliant Accelerator 35	20	All	Dispense ½ teaspoon Daily Microfoliant® into wet hands. Add 1 pump (¼ teaspoon) of Exfoliant Accelerator 35 to create a paste. Mix and massage over face for 2-3 minutes. Remove with damp sponges or a steam towel customized with prescribed Botanical Mixer.
level 3	MultiVitamin Thermafoliant® + Exfoliant Accelerator 35	22.5	Aging / prematurely-aging, not for skin with an impaired barrier	Massage ½ tbsp. of MultiVitamin Thermafoliant® over dry skin, then activate with 1 pump of Exfoliant Accelerator 35 into hands and massage over skin for 3 minutes. Dipping fingertips into warm water if necessary to create a creamy thermal skin polisher. Remove with damp sponges or a steam towel customized with prescribed Botanical Mixer.
	Skin Exfoliant System + Exfoliant Accelerator 35	24	All, especially skin with breakouts and excess oil production	Blend one scoop (1 tbsp.) Enzymatic Base, Part A with 1 teaspoon Acidic Activator, Part B and 1 pump (¼ teaspoon) of Exfoliant Accelerator 35 until creamy and smooth. Apply to skin with a Fan Masque Brush and allow to activate for 10 minutes. Avoid the eye area; remove with damp sponges or a steam towel customized with prescribed Botanical Mixer.
	MultiVitamin Power Exfoliant	25	Aging / prematurely-aging, not for skin with an impaired barrier	Apply contents of one tube to face and neck. Massage lightly and leave for 3-7 minutes (depending on skin condition). Remove with Dermalogica Double Cleanse beginning with PreCleanse followed with Special Cleansing Gel.
	MultiVitamin Power Exfoliant + Exfoliant Accelerator 35	30	Aging / pigmented skin, not for skin with an impaired barrier	Mix 1 tube MultiVitamin Power Exfoliant with 1 pump (¼ teaspoon) of Exfoliant Accelerator 35. Massage with fingertips over entire face for 3-7 minutes (depending on skin condition); avoid eye area. Remove with Dermalogica Double Cleanse beginning with PreCleanse followed with Special Cleansing Gel.
	Exfoliant Accelerator 35	35	Aging / pigmented skin, not for skin with an impaired barrier	Dispense 2-3 pumps and apply to face and neck. Massage gently over skin. Leave 3-10 minutes (depending on skin condition). Avoid eye area. Remove with Dermalogica Double Cleanse that begins with PreCleanse followed by Special Cleansing Gel.

contraindications to exfoliation: Not recommended for users of any topical or orally prescribed acne, Vitamin A derived, skin exfoliation medications. Do not use on skin that is sunburned, irritated, sensitive or has recently been professionally exfoliated, resurfaced or waxed.

precaution: When using any professional exfoliants on your clients' skin, monitor for stinging and any signs of inflammation. Remove immediately if the product causes any discomfort.