



ProSkin
dermalogica

advanced treatments

dermaplaning

what is dermaplaning?

Dermaplaning is a mechanical and superficial form of exfoliation. This type of treatment can be used on all skin concerns but is largely used to target pigmentation, congestion and removal of vellus hair.

Dermaplaning works by using a surgical steel blade and making small scraping movements across the skin. It can be used alone, but the best results can be achieved when combined with a light chemical agent.

Dermaplaning is an alternative that can be used to help remove build up allowing for ingredients to penetrate further. It can be used for those with sensitivities, however, care should be taken for clients showing active breakouts or laxity in the skin.



dermaplaning step-by-step

Consultation:

1. Ensure your client fills out a Consultation Card and has no contraindications to dermaplaning.

Double Cleanse (10 mins):

1. Start with **PreCleanse**, followed by a Face Mapping® skin analysis.
2. Second cleanse: Using the prescribed cleanser, lightly perform the cleanse routine, then remove.



Resurfacing (20 mins):

3. Apply **Post Extraction Solution** to ensure that any excess oils have been removed. The skin needs to be completely dry before proceeding with dermaplaning.
4. Perform the specified dermaplaning routine according to the manufacturer's directions.
5. After dermaplaning, complete a customized professional exfoliation according to your patient's / client's skin concerns and ability to tolerate sun.
6. Prepare skin with **Multi-Active Scaling Gel**.
7. Perform extractions (avoid if skin is sensitized).
8. Remove gel with damp sponges. Wipe skin with **Post Extraction Solution**.



Touch Therapy (10 mins):

9. Apply appropriate professional massage medium.
10. Follow chosen **Dermalogica Touch Therapy** protocol.

Deep Treatment (10 mins):

11. Apply a skin-specific **IonActive™ Serum** based on your client's skin concerns (choose from Hyaluronic Acid, Niacinamide, or Oligopeptide).
12. Followed with application of appropriate professional masque. Leave on the skin for up to 10 minutes. Remove with a warm steam towel customized with **Calming Botanical Mixer**.

Dermal Layering (10 mins):

13. Spritz toner over face neck and chest.
14. Apply prescribed eye treatment.
15. Apply prescribed moisturizer over face, neck, and chest.
16. Finish with **Super Sensitive Shield SPF 30** or **SkinPerfect Primer SPF 30**.

contraindications:

Current inflamed acne lesions, skin cancer, active cold sores, uncontrolled diabetes, dermatitis, open skin lesions, use of Accutane currently or within the past 6 months and/or use of prescription Retinol within a 24-48 hours of treatment.



product support

double cleanse



- PreCleanse
- Skin-specific cleanser

dermaplaning / deep treatment



- Post Extraction Solution
- Multi-Active Scaling Gel
- Calming Botanical Mixer
- Skin-specific IonActive™ Serum (Niacinamide Ionactive Serum, Hyaluronic Acid Ionactive Serum, Oligopeptide Ionactive Serum)

dermal layering



- Multi-Active Toner
- Redness Relief Essence
- Skin-specific moisturizer
- Super Sensitive Shield SPF 30
- SkinPerfect Primer SPF 30

education is the foundation of dermalogica

By educating our professional skin therapists on the newest technologies and innovations – and providing them with advanced products and tools – we're able to consistently give them a competitive edge.

Our enduring goal is to equip busy, independent, entrepreneurial professional skin therapists with the professional products and support they need to continue to grow their businesses and help clients attain their healthiest skin.



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