## getting here...

## **Driving to Training Centre**

- Drive to Junction 7 M50 (west of Dublin), Junction 3 M50 (junction with M1 near Dublin Airport) or Junction 13 M50 (south of Dublin)
- The centre is on the corner of Rathmines Rd Lower and Castlewood Avenue with Dermalogica located on the first floor
- Underground parking is available on-site, charged according to duration of stay

## **By Train**

- Heuston, Connolly, Tara Street, Pearse, Grand Canal Dock,
  Lansdowne Road and Sandymount stations are all within 2 miles
- A taxi to/from the city centre is approx. € 10

## By Bus

• Dublin Bus 14 & 15 a/b run to and from the City Centre to Rathmines, with stops outside the Swan Centre. Timetables, maps & fare calculator are available at www.dublinbus.ie

