

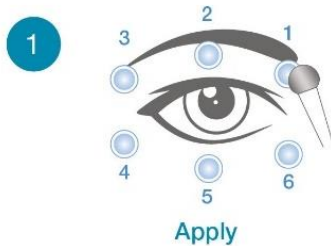
## eye lift pro technique

**time:** 4 minutes

Using the professional-sized **Stress Positive Eye Lift** and the professional-only **Cooling Eye Wands**, this exclusive Dermalogica eye-lifting technique gives clients additional attention in the eye area and leaves skin brighter, stronger and more energised, with fewer visible signs of stress. You can perform this technique as an added benefit to any professional skin treatment. Use the Cooling Eye Wands on both eyes at the same time when performing this professional eye lift technique.

### 1. Apply

Apply about an almond size amount of **Stress Positive Eye Lift** on the back of the hand. With the Cooling Eye Wand, generously apply 6 dots: 3 under eyebrows and 3 under eyes. Repeat on other eye.



### 2. Lift and Energize

Press and lift up at the inner, centre and outer end of the eyebrow. Hold each lift for 1–2 seconds. Gently glide beneath the eye, back to the brow. Repeat 3 times.



### 3. Press and Smooth

With medium to firm pressure, lift at the beginning of the brow, then glide under the brow draining to temporal lymph nodes. Next, starting at inner corner of eye, press and smooth under the eyes draining out to temples. Repeat 3 times.



### 4. Brighten and De-puff

Gently perform small circles under eye, from the outer corner to the inner corner. Glide back toward the outer corner. Repeat 3 times.

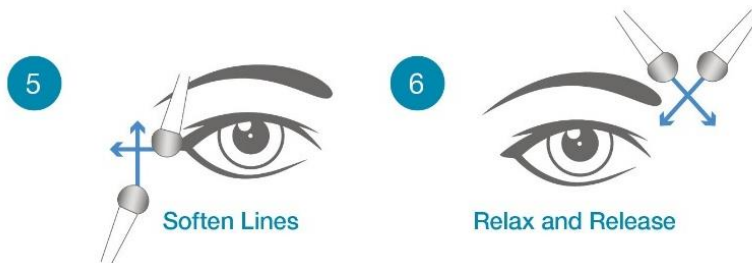


5. **Soften Lines**

Beginning near the temple, draw small t's by gliding with one wand upward and moving the other wand outward to hairline. Repeat on each side 6 times.

6. **Relax and Release**

With alternating eye wands, draw a small "x" between brows to smooth lines and release tension. Repeat 6 times.



7. Finish by circling around eyes one time and complete massage with small light circles at temples 6x. Apply light pressure and remove wands. Gently massage in excess product.

