

lip smoothing service add-on | time: 15 minute

This targeted service add on puts the focus on the lip area by hydrating, nourishing and targeting the effects of perioral ageing and lip lines.

Actively include the lip area in each stage of the treatment.

1. Proceed with your treatment as outlined in your chosen protocol; be sure to cleanse the lips thoroughly during the cleansing stage of the treatment.
2. As the perioral region will be included during exfoliation, determine whether the lips would benefit from mild buffing to smooth. Select from **Daily Microfoliant®** or **Skin Resurfacing Cleanser** and work gently over the lips for a minute. Remove with damp cotton wool pads. **Option:** use an ultrasonic brush or ultrasonic blade on exfoliation mode.
3. Treat the lip and perioral region with one of the following options:

a. Lift and smooth with AGE reversal massage techniques

- Apply **Nightly Lip Treatment** to the lips and perioral area using one professional **Cooling Wand**.
- **Cheek hooks**
Move from the nose, using the outer edge of your fingers. Apply pressure and slightly lift the zygomatic back to the jaw and perform x3 circular pressure movements on the masseter by the temporomandibular joint or the condyle of the mandible. **Repeat x6 times.**
- **Alternating mouth smooth**
Alternate smoothing centre of upper lip to ends and centre of lower lip to ends. **Repeat x6 times.**
- **Zygomatic lift**
Using fingertips lift the zygomatic or cheek using one hand and perform a rolling smooth using the thumb of the opposite hand, working from cheek to lip. **Repeat x6 times on each side.**
- **Jaw pulls**
Pull back jaw between fingers. Perform 3 circular pressure movements on the lateral or external pterygoid. **Repeat both steps x6 times.**



b. Lift and firm with muscle re-education using microcurrent

- Spritz the skin generously with **Antioxidant HydraMist**. If you are using cotton tip probes dispense about 1 tbsp. of **Antioxidant HydraMist** into a jelly cup to dip the probes in throughout the microcurrent application.
- Complete your lift steps for the lower face and perioral region as directed by your manufacturer's manual.
- Apply **Nightly Lip Treatment** to the lips and perioral area and perform specific iontophoresis using feathering movements. **Option:** For chronically dry or dehydrated lips apply **Colloidal Masque Base** over **Nightly Lip Treatment** for glide.

c. Hydrate and regenerate with LED

- Apply **Nightly Lip Treatment** to the lips and perioral area using 1 professional **Cooling Wand** and perform the **Lip Smoothing DIY**, repeat **6 times**.
 - Boost penetration with specific iontophoresis or ultrasonic blade on penetration mode.
 - Select either **Colloidal Masque Base**, **Exothermal Gelloid** or **Endothermal Gelloid** and apply LED for 10 minutes.
4. Spritz the skin with **Antioxidant HydraMist** and apply finishing products. For extremely dry lips, finish with **Renewal Lip Complex** for extra hydration.
 5. Complete the **Face Mapping® Prescription Sheet** with recommended products and further treatment advice; book the customer for a follow up treatment. Be sure to send them home with their new **Nightly Lip Treatment** product.