



ProSkin
dermatologica

advanced treatments

microneedling

what is microneedling?

Microneedling – true to its name – is a minimally-invasive procedure that addresses signs of premature aging, acne scarring and other skin concerns by creating small wounds in the skin with a micro-fine needling device (generally 0.25 to 2.5 millimeters in diameter).

how it works

Microneedling works by triggering the body's wound healing process. During this process, the healthy tissue surrounding the microneedling wounds responds to repair the damage – triggering the production of collagen and elastin cells to help rebuild the skin's dermal structure. Rebuilding dermal layers in this manner helps to reduce the appearance of wrinkles and texture irregularities such as acne pitting or stretch marks.

choosing a tool

Many practitioners and therapists opt for a pen-style device. This is advantageous because the pen's needle depth can be adjusted during the treatment, if necessary. A pen-style device can also be more easily maneuvered around the facial contours and more delicate areas such as the mouth, nose and eyes.

precautions

- Ensure the skin is in optimum health to reduce possible complications.
- Never leave your client unattended.
- Use recommended Dermalogica Professional products that are suitable for the client's current skin condition.
- Directions and protocols may differ between devices; always consult the manufacturer directions for your particular device.
- Develop a treatment plan or series based upon skin condition and turgor.
- If skin shows signs of sensitization, avoid the use of Vitamin A-derived ingredients like Retin-A, Retinol, or Hydroxy Acids for 2-4 days after treatment.
- Check with your state or country's regulations, and always work within your scope of practice.



microneedling step-by-step

- Review the **Dermalogica Consultation Card** to provide an in-depth analysis of your client's skin, ensuring they are a candidate for treatment.

Double Cleanse (10 mins):

1. Start with **PreCleanse**, followed by a Face Mapping® skin analysis.
2. Second cleanse: Using the prescribed cleanser, lightly perform the cleanse routine, then remove.



Microneedling (50 mins):

3. Apply numbing cream and allow to process and take effect per product guidelines. **Optional:** Perform a Stress Relief Scalp or Targeted Neck and Shoulder Touch Therapy during down time.
4. Remove numbing cream with damp aesthetic wipes and degrease skin with **One Step Prep** or 70% Alcohol. Alternatively remove numbing cream with **Special Cleansing Gel** and degrease with **Post Extraction Solution**.
5. Apply **Hyaluronic Acid IonActive™ Serum** or choose from Niacinamide, or Oligopeptide.
6. Perform microneedling passes according to the manufacturer's guidelines.



Dermal Layering (10 mins):

7. Follow usual Dermal Layering protocol using **Hyaluronic Acid IonActive** or optionally **Intensive Moisture Balance** for the moisturizer step, followed by (or mixed with) **Super Sensitive Shield SPF 30**.

contraindications:

Pregnancy, keloid or hypertrophic scarring; history of eczema, psoriasis and other chronic conditions; history of actinic (solar) keratosis; history of herpes simplex infections; history of diabetes; presence of raised moles, warts or any raised lesions on the targeted area.



the three phases of wound healing

When skin is injured – either accidentally, or through an intentional process such as microneedling – it triggers a cascade of healing stages to repair the injured tissue.

phase 1: inflammation

Piercing the skin triggers your immune system (consisting of white blood cells called neutrophils and macrophages) to disinfect the wounds, remove debris, increase blood flow and begin to create new tissue.

phase 2: proliferation

In this phase, the original tissue structure is reconstructed as macrophages recruit and stimulate fibroblasts to produce Collagen 3 (the extracellular matrix). Additionally, a new network of blood vessels develops.

phase 3: remodeling

The wound is replaced with new dermal tissues and blood vessels.

product support

double cleanse



- PreCleanse
- Skin-specific cleanser

microneedling



- One-Step Prep or Post Extraction Solution
- Hyaluronic Acid Ionactive Serum
- **Optional:** Niacinamide Ionactive Serum, Oligopeptide Ionactive Serum, Post Extraction Solution

dermal layering



- Hyaluronic Acid IonActive Serum
- Intensive Moisture Balance
- Super Sensitive Shield SPF 30

education is the foundation of dermalogica

By educating our professional skin therapists on the newest technologies and innovations – and providing them with advanced products and tools – we're able to consistently give them a competitive edge.

Our enduring goal is to equip busy, independent, entrepreneurial professional skin therapists with the professional products and support they need to continue to grow their businesses and help clients attain their healthiest skin.



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