

detox skinsolver®

Menu description: Detox SkinSolver® delivers quick, visible results while smoothing away skin ageing pollution. This 10-minute service is designed to resurface, detoxify, reduce the signs of ageing all while helping to protect the skin from harmful environmental pollutants.

Benefits: resurfaces, anti-pollution, detoxifies, protects

Treatment time: 10 minutes performed at **Skin Bar®**

Cost: £10.00



detox skinsolver® step-by-step guide

Begin by greeting the customer as they take a seat at the **Skin Bar®**. You can engage them by referencing Dermalogica's **Skin Pollution Index**. This is an effective resource you can use to help educate your customer on the relationship between air pollution and their skin. Ask further questions in relation to their environment, such as: Do you live in the city or rural area? Do you spend a lot of time outdoors? Do you smoke or live near a major source of air pollution? It's important to convey that the higher the skin pollution index value, the greater the risk of accelerated skin ageing.

When exposed to unhealthy air, the skin collects residue that includes pollution. To help your customer visualise this, use the **Residue Detector strips** to reveal residue and pollution buildup on the skin. Press the strip to the customer's skin and hold for a few seconds. The more dark spots you see, the higher the residue buildup. You can compare the strip levels with the images on the back of the box. These detector strips are an educational, hands-on tool to kick-start a conversation on the skin-ageing effects of pollution and the importance of removing buildup with **Daily Superfoliant™**.

1. Ask your customer questions about their skin and current regimen and have them use the mirror to further explain and point out areas of concern. Next have them quickly complete the **MicroZone® Consultation Card** and ask any additional questions pertaining to their skin health. Check for any possible contraindications especially to electrical modalities.
2. Prep the client with a headband and dental bib and clip around the neck. An additional bib may be positioned across the lap to protect clothing.
3. Use your **Face Mapping® skin analysis** knowledge and skills to further note signs of sensitivity, uneven skin tone and signs of ageing.
4. **Pro tip:** Place one drop of **Soothing** or appropriate **Additive** into the client's hands, have them press their hands together, cup hands over nose and mouth and begin to take a few deep inhalations to begin the service and create a sensory experience.
5. Cleanse the skin by applying 2 pumps of **PreCleanse** to warm disposable wipes and begin the removal of any debris or makeup.
6. For the 2nd cleanse dispense and apply **Special Cleansing Gel**, **UltraCalming™ Cleanser** or **Skin Resurfacing Cleanser** as directed. Perform brief cleansing movements then use ultrasonic blade on exfoliation mode to accelerate skin resurfacing, wiping excess product from the blade on a disposable wipe. Thoroughly remove with edisposable wipes. **Pro tip:** add a small amount of **Clinical Colloidal Oatmeal** to your cleanser in a jelly cup with water and apply with fan masque brush.
7. Next dispense ½ teaspoon of **Daily Superfoliant™** into a jelly cup and mix with water to create a smooth frothy paste and apply with fan masque brush. Dampen hands and follow the **Skin Detox DIY** steps. Use ultrasonic blade on exfoliation mode to accelerate skin resurfacing, wiping excess product from the blade on a disposable wipe. Thoroughly remove with disposable wipes. If the skin is sensitised, you may omit the use of the ultrasonic.

8. Share with the client a few features and benefits of **Daily Superfoliant™** such as:
 - Adsorbs (binds to remove) pollutants from deep within pores.
 - Provides antioxidant protection to the skin.
 - Helps prevent adherence of pollutants to the skin.
 - Reinforces the skin's protective barrier.
9. As an option, you can re-test with the **Residue Detector strips** to show your customer how much the initial pollutant buildup has been reduced. **Tip:** Be sure the skin is dry after using the disposable wipes otherwise any excess water left on the skin may result in an inaccurate reading.
10. For extra hydration and antioxidant protection, spritz the skin with **Antioxidant HydraMist**. Follow with 4-6 drops of **Phyto Replenish Oil** pressed onto the skin and lightly spread.
11. As an option, apply **Barrier Repair** for sensitised skin.
12. Next apply **Dynamic Skin Recovery SPF50**. **Skin Perfect Primer SPF30** can be applied as final step for a flawless finish.
13. Complete the **Face Mapping® Prescription Sheet** with recommended products such as **Daily Superfoliant™**, offer further treatment advice and book your client for their follow up **MicroZone® Detox and Repair** or in room **AGE Smart® Treatment**.

Pro tips: These options will add another level of professional enhancement to the protocol. If the customer is contraindicated to oatmeal or essential oils for inhalations, or if you don't have access to these products, you may omit these steps.